



WHITE TIGER KOREAN MARTIAL ARTS

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Haidong Gumdo Terminology

Sword Strokes

- Chung Myun Beki: Straight Cut
- Jwa/ Woo Beki: Left/ Right Cut
- Sum Dan Beki: Straight/Right/Left Combination
- Whang Dan Il Gum: Cross Cut
- Kwang Ja Beki: Right/Left/Cross, Block/Cut(R),Block/Cut(L) Combination

Stances

- Kim-ma Sae: Horse Riding Position
- Dae Do Sae: Long Forward Stance
- So Do Sae: Short Forward Stance
- Pal Sang Sae: Rooster Stance
- Poom Sae: Defensive Stance
- Cho Chun Sae: Tae Do with sword raised over the head
- Chi Ha Sae: Standing, sword lowered
- Gyun-jeok: Ready Position

Commands

- Char-ry-ut : Attention
 - Kyoung Nae : Bow
 - Baldo : Draw your sword
 - Gyun-jeok : Aim your sword ([ready position](#))
 - Chahk-gum : Sheath your sword
 - Baro : At ease ([return to ready stance](#))
 - Gum-nwa : Put your sword down
 - Gum-druh : Pick up your sword
 - Tashi : Again
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